



PITCH DECK

Presentated by Martyna, Indraja, Eva

**“What key elements
for better office
work-life balance
are you missing?”**



- **intentional breaks**
- **effective time management**

The Problem



The main issue today is that many people work too much and burn themselves out by focusing only on their jobs.



This is especially true for those who can't work remotely, often they forget to take a little time out of their day for themselves



These factors contribute to poor moods, disrupted daily routines. It can also lead to poorly planned days and schedules.

The Solution

OfficeHarbor is an app which intentionally integrates breaks around your work schedule to prevent burnouts and balance workday.



DEMO TIME

OfficeHarbor





TRANSFORM YOUR WORKDAY

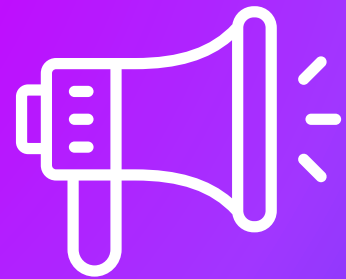
CALM THE STORM, FOCUS THE DAY

[START WITH US](#)

[ABOUT US](#)

OfficeHarbour VS Others

				
"OfficeHarbour"	"7 cups"	"Headspace"	"Simple habit"	"Insight Timer"
personalized guidances / methods to unwind	yes	yes	yes	yes
calendar integration				
customizable relaxation habit tracker	partly (journalling)	partly (progress tracking)	partly (progress tracking)	partly (offers journalling / progress tracking)
real-time stress detection (via advanced algorithms and voice recognition technology)				
gentle and regular relaxation reminders		yes		yes



How do we
stand out?

01

CUSTOMIZABLE RELAXATION
HABIT TRACKER

02

CALENDAR INTEGRATION

03

REAL TIME STRESS DETECTION

04

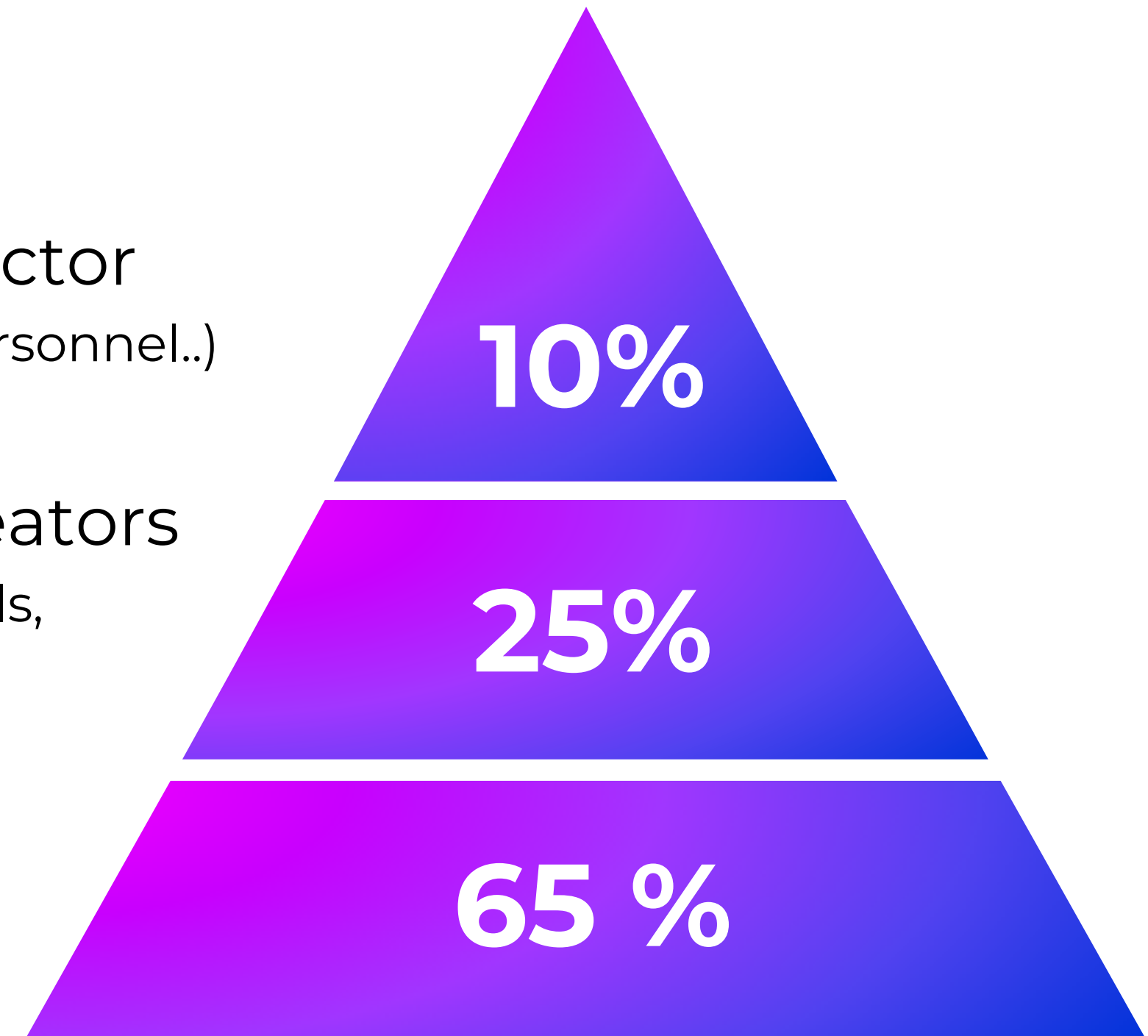
GENTLE AND REGULAR RELAXATION REMINDERS

Target GROUP

Administrative sector
(PA's, secretaries, HR personnel..)

Online content creators
(self-employed individuals,
designers..)

IT sector
(software engineers,
web developers,
content creators..)



goal: to reach 0,05 % of IT sector

OfficeHarbor

ICP

- Age: 25-55
- IT sector
- Working more than 40 hours per week
- Engaged in mentally demanding work
- Working in high-pressure, fast-paced, competitive environment

BUSINESS MODEL

Subscription based:

- First month - free trial
- Later 5 eur / month

Our Team



Martyna

Senior Technical
Engineer
AMZ Bees



Indraja

Project Manager
Youth Centre




Eva

Beauty sector

Thank you

Contact Us

EMI team

 +123-456-7890

 hello@emi.com

